

## 2021 LymeGrinder

0.0	📍	Start of route
2.2	➡	R onto 180th St N
4.1	➡	R onto Forest Rd N
4.6	↘	Cross Hwy to Gravel 175th St
4.6	➡	R onto 175th St N
5.1	⬅	L onto Greystone Ave N
5.4	⬆	Continue onto 177th St N
6.1	➡	R onto Henna Ave N
7.4	⬅	L onto 165th St N
8.1	➡	R onto Ingersoll Ave N
9.1	⬆	Continue onto 155th St N
10.9	⬅	L onto 140th St N
11.0	⬅	Quick L onto Gravel 140th St.
11.0	⬅	L to stay on 140th St N
12.7	➡	R onto Keystone Ave N

12.7 miles. +347/-260 feet

14.4	⬅	L onto 122nd St N
14.6	➡	R onto Keystone Ave N
15.0	⬅	Around curve onto 118th St N
15.2	➡	R onto Kimbro Ave N
15.3	➡	R onto 117th St N
15.9	⬅	L onto Keats Ave N
16.8	⬅	L onto 110th St N
19.1	⬅	L onto Manning Trail N
20.4	➡	R onto 120th St N
21.3	⬅	L onto May Ave N
25.1	➡	R onto Morris Trail N
26.4	⬅	L onto Norell Ave N
27.1	➡	R onto 170th St N
28.1	➡	R onto Old Guslander Trail N
29.4	⬅	L onto Broadway St
30.0	⬅	L onto Ostrum Trail N

17.2 miles. +561/-658 feet

31.0	➡	R onto Old Marine Trail N
31.8	⬅	L onto 185th St N
33.0	⬅	L onto Olinda Trail N
33.8	➡	R onto 177th St N
36.0	➡	R onto 170th St N
38.0	➡	R onto Keystone Ave N
39.0	⬅	L onto 180th St N
42.0	➡	R onto 170th St N
42.8	➡	R onto Henna Ave N
43.5	⬅	L onto 177th St N
45.1	↘	Cross Hwy 61 onto gravel road
45.1	➡	R onto gravel Forest Rd N
45.6	⬅	L onto 180th St N
47.5	⬅	L onto Elmcrest Ave N/
48.4	📍	End of route

18.5 miles. +449/-431 feet